



## B1. Primary Health Care Referral Exercise

Type of Exercise: Written assignment with follow-up discussion in class

Level: basic

Length of time: 1-2 hours of student independent work; 30-40 minutes of class room discussion after the assignment is completed.

Resources needed: student access to the internet and to community resources

Instructions: Assign students to address the questions below in a 1-2 page paper:

- Where would you refer a person who has come out to you as LGB or T for primary health care in your community? For mental health or substance abuse services?
- If you don't know, how would you go about finding out? Who would you contact?
- What questions would you ask to ensure that this would be a safe and professional experience for the patient?
- Are the local services geared for LGBT individuals as a group, or for specific subgroups (e.g., for gay men, or for transgender women; for youth versus for elders)?

Ask students to share the resources they found in a classroom discussion, and to talk about how easy or difficult it was to find the local resources.



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*Developed for Lavender Health by  
Mickey Eliason and Carla Randall*